

# LIVE

with Purpose.

Assisted living is for older adults who value their independence, but need some assistance with daily activities such as bathing, dressing, medication reminders and transportation. Seniors may live in their own suites or with a companion and are relieved of household chores such as laundry, cooking, and cleaning.



8 One Bedroom Apartments &  
8 Two Bedrooms Apartments

4 Levels of Compassionate Care

## “Caring in Action”

It is our Promise to you and your loved ones to **ALWAYS** make you a priority!

We are privileged to be the dedicated partner in your health and wellness journey!



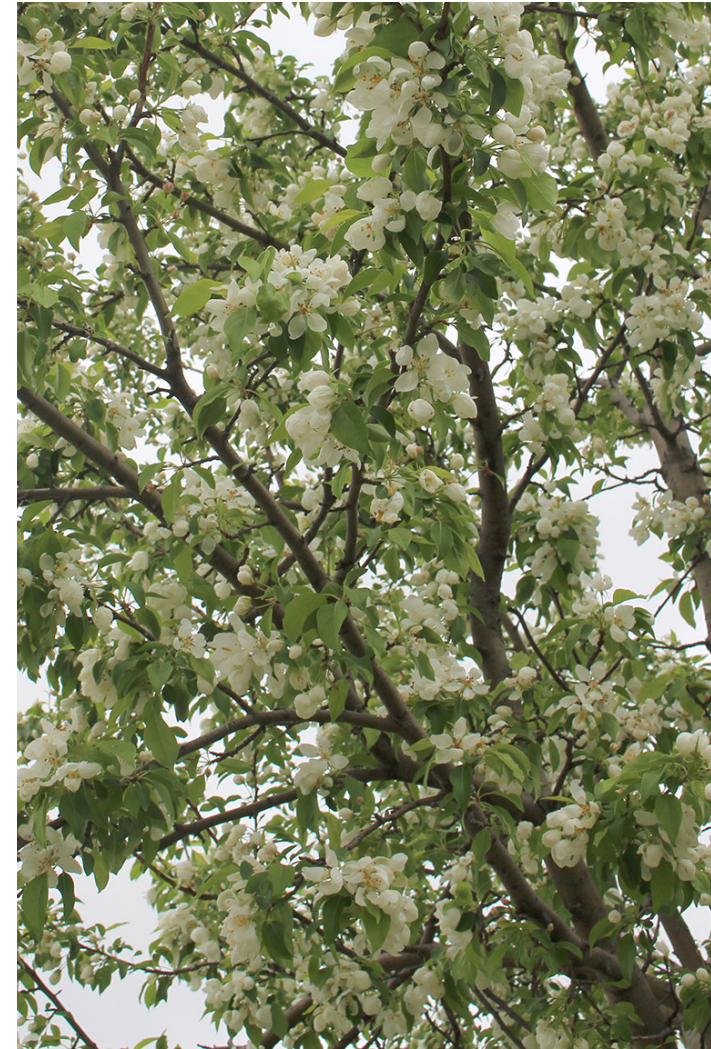
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[www.humboldthospital.org](http://www.humboldthospital.org)



*Springvale*  
**SENIOR LIVING**  
ASSISTED LIVING



# SPRINGVALE

## Assisted Living

At Springvale Assisted Living, we offer a supportive environment for our Tenants who are 55 years of age or older. Tenants at Springvale Assisted Living can expect a lifestyle rich with individuality, privacy, dignity, choice, and care. Generally, our Tenants need some assistance, but remain as active and independent as possible.



# INSIDE

## Our Community.

Some of the Services at Springvale Assisted Living include all or part of the following services based on assessment and service plan:

- 24 Hour Staffing
- Personal Care and Medication Assistance
- Emergency Call System
- Health & Wellness checks and programs available
- Security cameras in building and all entrances
- Emergency response system
- Shared washer/dryer
- 3 meals per day
- Maintenance
- Daily Activities/Entertainment
- Laundry/Linen Services
- Nutritional Counseling
- Activity Room
- Private Dining Room for family and guests
- Reading Room/TV Lounge
- Light Housekeeping
- All utilities paid (excluding phone)
- Walk-in showers with grab bars
- Individual climate control in each apartment
- Basic Cable/Internet
- Appliances
- On-site Beauty/Barber Shop
- Snacks and refreshments always available
- Indoor personal mailboxes
- Scheduled Transportation
- Convenient access to Physical Therapy, Occupational Therapy, Laboratory, Outpatient Services and Emergency Room
- Access to a continuum of care



# QUESTIONS?

Call (515)-332-7660 to learn more and schedule a personal tour. Or visit us online at [www.humboldthospital.org](http://www.humboldthospital.org).